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It is **VERY** important that you review the information regarding **antihistamine** usage before your scheduled appointment. **If you are unsure whether your medication contains an antihistamine, please check with your pharmacist.**

Please discontinue the below medications for **5 DAYS** prior to your scheduled appointment:

- Azelastine (Astelin, Astepro, Optivar)
- Beposastine (Bepreve)
- Brompheniramine (Dimetapp)
- Cimetidine (Tagamet)
- Cetirizine (All Day Allergy, Aller-Tec, Zyrtec, Zyrtec-D, Wal-Zyr)
- Chlorcyclizine (Ahist, Stahist)
- Chlorphenamine (Aller-Chlor, Chlor-Trimeton, Tussionex)
- Clemastine (Antihist, Dayhist, Tavist)
- Desloratadine (Clarinex, Clarinex-D)
- Diphenhydramine (Benadryl, Wal-Dryl, Wal-Sleep)
- Doxylamine (Alka-Selzter Plus, Nyquil)
- Epinastine (Elestat)
- Famotidine (Pepcid)
- Fexofenadine (Allegra, Allegra-D, Wal-Fex)
- Hydroxyzine (Atarax, Vistaril)
- Ketotifen (Zaditor)
- Levocetirizine (Xyzal)
- Loratadine (Alavent, AllerClear, Claritin, Claritin-D)
- Olopatadine (Pataday, Pataday Extra Strength, Patanase, Patanol, Pazeo)
- Promethazine (Phenergan)
- Ranitidine (Zantac)
- Tizanidine (Zanaflex)

*Some combination OTC medications contain antihistamines and should also be stopped 5 days prior to appointment.

*Some psychiatric medications including tricyclic antidepressants, as well as some sleep aides can also affect the results of your skin testing. Let your doctor know if you are on any antidepressants or sleep aides before your test, **but do not stop them without consulting the prescribing doctor.**